

CONTROL OF SUBSTANCES HAZARDOUS TO HEALTH (COSHH)

Control of Substances Hazardous to Health (COSHH) is the law that requires employers to control substances that are hazardous to health. One can prevent or reduce workers exposure to hazardous substances by:

- Finding out what the health hazards are
- Deciding how to prevent harm to health (risk assessment)
- Providing control measures to reduce harm to health
- Making sure they are used
- Keeping all control measures in good working order
- Providing information, instruction and training for employees and others
- Providing monitoring and health surveillance in appropriate cases
- Planning for emergencies

Most businesses use substances, or products that are mixtures of substances. Some processes create substances. These could cause harm to employees, contractors and other people.



Knowledge is Energy!



Course Content

- Identify substances that are hazardous to health
- Identify when there is need to control substances that are hazardous to health
- Identify response mechanisms that apply to hazardous substances
- Identify hazards and assess risk of substances that are hazardous to health
- Know and explain exposure limits to hazardous substances
- Use safety data sheets
- Implement control measures for hazardous substances
- Recognize and use appropriate Personal Protective Equipment
- Monitor the use of surveillance when dealing with hazardous substances
- Select appropriate training for use and control of hazardous substances
- Identify response mechanisms for emergencies associated with hazardous substances
- Recognize the need for health